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Coronavirus notice

Due to the coronavirus and the health advisory to stay home, I have set up the ability to see patients remotely through a HIPAA approved platform Zoom Health. To use this service, you may want to contact your insurance company to confirm that they will reimburse for this telehealth service. I have reached out to most of the insurance carriers myself and requested to be approved for this modality on my end. I will be following the Federal and State health advisories which means I will be discontinuing in office face to face sessions indefinitely. I will, however, make every effort to meet with my current patients over the Zoom platform. What this requires on your end is the following:

- 1) Read and sign the consent on my murphytherapy.com website, see intake paperwork, consent to telehealth. I can also email or mail you a copy. You can mail the form to me, drop it through the slot at my office, or send a copy of the signed document via email.
- 2) Provide current insurance information to enable me to bill. I will be happy to bill using the new telehealth service location . This is a new process and may require you to advocate for yourself with your insurance company. Ask specifically about telehealth requirements and benefits. I am happy to contact any insurance company that requests that I do so if you provide the contact information.
- 3) Arrange for access to a private computer that has a current enough operating system to run the ZOOM program and a private personal email so that I can send you a link at the time of our scheduled session. You can send me your email at my email listed above.
- 4) At the time of our session, you will receive a link in your email to a ZOOM session. Check your junk folder if you don't see it. You will receive a link with a download for zoom. Say yes, and then open it up. Click on the link to join the session. Say yes to video and audio. I can also arrange to be on the phone with you for our first session to help with this. Then, voila both of our faces should appear on the screen. You can select different views—I like the side to side gallery option. You will also be able to adjust the volume. When the session is over, we will simply disconnect. This is a confidential session that meets HIPPA guidelines. It will not be recorded unless you and I decide that there would be a benefit to doing so and both consent. FYI, we can both see on the screen if a session is being recorded.
- 5) I will bill your insurance at usual at the end of the month and you will be responsible for any of your usual copay costs. If you chose to use this service on the basis of private pay, the rates are the same as for in person sessions.

I am sending you this notice only to notify you of this option. Take care of yourself, stay home, stay connected. Don't hesitate to contact me with questions or concerns. Best wishes, Anne

